

YOGA

**Winter &
Spring
2022**

**First Presbyterian Church
200 East Main Street
Northville, MI 48167**

Thursdays at 6:15pm in the Christian Life Center

Winter Session 1:

January 13, 20, February 3, 10, 17, 24
(No class January 27)

Winter Session 2:

March 3, 10, 17, 24, 31, April 7
(No class April 14 & 21)

Spring Session:

April 28, May 5, 12, 19, 26, June 2

The cost is \$60 for each 6 week session.
Drop in rate is \$15. Join in any time.

Contact:
Ann Werther
248-672-3209
annwerther@yahoo.com

All levels welcome.
Wear comfortable clothing.
Bring a yoga mat, blocks & strap,
and a blanket or large towel.